

## Advanced Certificate Whole Brain Ignite

**WBI Corporate**  
**WBI021-1224NA**

**Awake . Think . Create**

**Corporate**



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### MARKET

Employees  
Management

### QUALIFI ACCREDITED COURSE

### ADVANCED CERTIFICATE

**WBI021-1224NA**

**Duration:** 2 days

**Course attendance:** Min 20 delegates

**Training Venue:** External or Internal

### COURSE OUTCOMES

This Ascend course facilitate the creative and intellectual awakening and unlocks the genius within. It is a program of true self-discovery which facilitates individuals' realization of their power and creative capacity by integrating the creative, emotional, and imaginative functions of the right brain with the logical, practical and strategic functions of the left brain. This mind integration is essential to cognition, self-discovery, creative invention and critical thinking skills.

### COURSE CONTENT

#### INTRODUCTION - DAY 1

- 9 Steps to success
- Understanding yourself better
- Whole Brain Learning explained
- Overcoming challenges
- Optical illusions
- Self - concept
- Self - belief
- Brain puzzles

#### MODULE 1: RETENTION - DAY 1

Retaining large volumes of information as presented, is difficult for most people. This section helps with the retention of all types of information and any subject.

- Your brain & how it works
- Ignite the brain's creative right hemisphere
- Memory exercises
- Mnemonic system to master A-Z & 0-9
- Learn and remember unfamiliar words and information
- English vocabulary made easy
- Modification of old information

#### MODULE 2: UNDERSTANDING - DAY 2

The practical methods "How to Understand" are dealt with in this section. It is important when reading information to be as effective as possible.

- How to understand - TPQRWTR
  - Classification of information
  - Identifying what is important
  - Rewriting in Linear summarizing style
  - Keyword extraction
  - Self testing

#### MODULE 3: READING - DAY 2

Efficient reading is the ability to change reading speed according to information presented, as well as understanding the purpose of your reading.

- Speed reading & eye exercises
- Comprehension
- Unfamiliar & Foreign vocabulary made easy

#### MODULE 4: LISTENING - DAY 2

Listening is one of the most important tasks of a person's day. The anticipation and noting of important facts or statements are invaluable during meetings and all verbal communications.

- Active listening skills
- Note taking in meetings

### BENEFITS

- Improved self-efficacy
- Whole brain ignition
- Realization of full creative potential
- Improved thinking and reasoning skills
- Improved communication skills
- Improved problem solving skills
- Read with speed and understanding
- Improved understanding of information
- Indefinite retention of information
- Accurate recall of information
- Improved performance

